

Itinerary

Route : 北欧四国冰川双峡湾7日游-英文线

Countries : Norway Sweden Finland Denmark

Departure :

📍 D1 Copenhagen Departure: 8:30 Meeting Point: Mermaid Statue in Pier Park, Langelinie , 2100 København Ø, Denmark

📍 D1 Göteborg Departure: 15:30 Meeting Point: Poseidon statue, Götaplatsen 4, 412 56 Göteborg

📍 D2 Oslo Departure: 08:30 Meeting Point: Oslo Opera House (if you have an additional stay, it will depart from the hotel at 8:00)

End :

📍 D6 Stocholm Estimated Arrival: 16:00 Drop Off: Stocholm Pier

📍 D7 Helsinki

Accommodation : European Star Hotel Standard Double Room (Breakfast Included)

Guide : Chinese tour leader + semi-self-guided tour

Itinerary : Copenhagen - Gothenburg - Oslo - Hardangerfjord - Voss - Sognefjord - Glacier - Lillehammer - Stockholm - Turku - Helsinki - Stockholm - Copenhagen



Day 1 Copenhagen 🚗 Gothenburg 🚗 Oslo



Tour Overview

Depart from the meeting point at 8:30 in the morning to commence the tour of Copenhagen. The [Little Mermaid Statue], a symbol of Denmark and an iconic landmark of Copenhagen, is inspired by Hans Christian Andersen's fairy tale "The Little Mermaid." In the story, the little mermaid sits on a rock by the sea, gazing longingly across the harbor. Subsequently, the tour will proceed to the [Royal Palace Square] and [Nyhavn Bar Street]. The itinerary will then continue to [City Hall Square], which serves as the heart of Copenhagen and a vital nerve center for the country. A network of roads radiates from this square to all corners of Denmark. Adjacent to it stands a bronze statue honoring Andersen, renowned worldwide as one of literature's greatest writers. After that, the tour will pass through Gothenburg and conclude with check-in at the Oslo Hotel.



Meeting Point

the whole day

 D1 Copenhagen	Departure: 8:30	Meeting Point: Mermaid Statue in Pier Park, Langelinie , 2100 København Ø, Denmark
 D1 Göteborg	Departure: 15:30	Meeting Point: Poseidon statue, Götaplatse n 4, 412 56 Göteborg

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维格兰雕塑公园



奥斯陆市政厅



美人鱼铜像

[维格兰雕塑公园]

维尔兰雕塑公园是以著名雕塑大师古斯塔夫·维格兰（Gustav Vigeland）的名字命名的，公园共有192座雕塑，总计650个人物雕像。维尔兰雕塑公园里所有雕像的中心思想，集中突出一个主题——“人生”，表现了人从出生至死的各个阶段，给游客以许多人生启迪，因此也被称为“人生旅途公园”。

[奥斯陆市政厅]

奥斯陆市政厅是每年诺贝尔和平奖的颁奖地。从外表看上去，这是一栋略显严肃的政府办公大楼，不过进去之后，纪念厅的墙上满是描绘了挪威历史和神话的漂亮壁画。

[美人鱼铜像]

位于丹麦哥本哈根市中心东北部的长堤公园，是丹麦雕刻家爱德华·艾瑞克森(Edvard Eriksen)根据安徒生童话《海的女儿》铸塑的，已经是丹麦的象征。



Meal : Not Included



Accommodation : Oslo or nearby



Day 2 Oslo 🚌 Hardangerfjord 🚌 Fjord town hotels



Tour Overview

Following breakfast, we will proceed to the [Vigeland Sculpture Park]. The park houses 192 sculptures, comprising a total of 650 figures. These sculptures, crafted from copper, iron and granite, are the culmination of Vigeland's two decades of dedicated effort. Next, proceed to the [Oslo Opera House] to admire its breathtaking architecture and artistic design. Following this visit, take a bus to the renowned [Hardangerfjord] to experience its majestic mountains along the coastline, cascading waterfalls, and picturesque pastoral landscapes. The route includes a crossing of the Scandinavian Mountains, with a 15-minute stop at the summit. The Hardangerfjord stretches an impressive 179 kilometers in length, making it Norway's second longest fjord and the third longest in the world. Its deepest point reaches 800 meters; notably, it is also recognized as the flattest among Norway's four major fjords. The overnight accommodation will be at the fjord town hotel.



Meeting Point

📍 D2 Oslo

Departure: 08:30

Meeting Point: Oslo Opera House (if you have an additional stay, it will depart from the hotel at 8:00)

the whole day 🕒



哈当厄尔峡湾

[哈当厄尔峡湾]

哈当厄尔峡湾，是挪威境内第二长的峡湾，是世界第三长的峡湾，最深处达800米。以“挪威的果园”著称，果树鲜花盛开的时节是到哈当厄尔峡湾观光游览的最佳时期。在四大峡湾中，只有哈当厄尔峡湾的两岸为平缓的山坡，有着如诗如画的田园风光。



Meal : Breakfast Included



Accommodation : Fjord Town Hotel or nearby



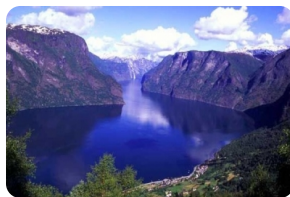
Day 3 Fjord Town Hotel 🚌 Sognefjord 🚌 Fjord Town Hotel



Tour Overview

Following breakfast, we will proceed to undertake a visit to the [Sognefjorden], which represents the primary objective of today's itinerary. The Sognefjord is renowned as the longest and deepest fjord in Norway. One of its branches, the Nærøyfjord, has been designated a UNESCO World Heritage Site. National Geographic magazine has previously recognized the Nærøyfjord as the "World's Best Unspoiled Destination." Gudvangen is situated at the point of departure for the Nærøyfjord. We will embark on a cruise through Aurlandsfjord towards Sognefjord and Flåm. During this scenic journey, you will have the opportunity to admire numerous breathtaking sights, including cascading waterfalls and charming small villages. The [Flåm Railway], which runs from Flåm to Myrdal, offers passengers the opportunity to appreciate the most impressive mountain landscapes in Norway from a variety of vantage points. Overnight in Fjord Town or a nearby hotel.

the whole day



松恩峡湾

[松恩峡湾]

挪威最大的峡湾，也是世界上最长、最深的峡湾，全长达240公里，最深处达1308米。两岸山高谷深，谷底山坡陡峭，垂直上长，直到海拔1500米的峰顶。



弗洛姆山地火车

[弗洛姆山地火车]

世界上最美、最陡峭的高山铁路之一，从865米海拔直下到艾于兰峡湾的深处——弗洛姆，全长20公里。这段铁路的80%路段建在55%坡度的山坡上。历时20年完成，被称为挪威最伟大的工程奇迹。



Meal : Breakfast Included



Accommodation : Fjord Town Hotel or nearby



Day 4 Fjord town hotel  Fjerland (Bojabrin Glacier + Glacier Museum)  Lillehammer



Tour Overview

Following breakfast, we will proceed to the [Boyarbreen Glacier], a tributary of the Jostedalsglacier, the largest glacier in continental Europe. It is situated on a precipitous mountainside. The highest point is 1,700 metres above sea level, with a 1,400-metre drop from the lowest point. The snow on the mountains, which remains frozen throughout the year, forms a distinctive geographical landscape comprising blue crystals of ice and snow, shaped by the forces of gravity. Subsequently, we will visit the nearby [Glacier Museum], which is regarded as a model for architects who utilise landscapes in place of imported materials. The building has been highly commended and has won several awards, including the highest accolade from the A.C. Houens Fund for excellence in Norwegian architecture. The museum is constructed in grey throughout, with a design that fully considers the terrain, landforms and seasonal factors, such as Nordic light, grey stones, lush forests, etc. This approach coordinates reality and fantasy, creating a classic work of the times. Following this, we will proceed to Lillehammer for sightseeing and check into the hotel.

the whole day



利勒哈默尔市区观光

[利勒哈默尔市区观光]

天然的环境，让此城成为冬季奥运会的举办地之一。可参观奥林匹克公园内越野滑雪、跳跃滑雪及自由式滑雪和部分的冰上曲棍球。

[博雅布林冰川]

博雅布林冰川是约斯达布连冰川的一个分支，悬挂在陡峭的山壁上，最高点海拔1700米，与最低点之间有1400米的落差，冰川从1700米的高度缓慢地流到300米的高度，这巨大的落差导致经常有不同规模的冰崩发生。



博雅布林冰川



Meal : Breakfast Included



Accommodation : Lillehammer or nearby



Day 5 Lillehammer Stockholm



Tour Overview

the whole day

Following breakfast, we will proceed to Stockholm, the capital of Sweden, to visit the [City Hall]. The Blue Hall is the venue for the Nobel Prize banquet. The building is constructed with red bricks, and the clock tower on the right is surmounted by a golden three-crown emblem representing Denmark, Sweden and Norway. You may also take the [Stockholm Cruise] to appreciate the city from a different perspective. The group will stay at the Stockholm Hotel that night.



斯德哥尔摩老城

[斯德哥尔摩老城]

老城的历史可追溯至13世纪，城内有中世纪小巷、圆石街道和古式的建筑，深受北日耳曼式风格影响。由于瑞典200年来没有战争，所以老城保存的比较完好。



Meal : Breakfast Included



Accommodation : Stockholm or nearby



Day 6 Stockholm Helsinki



Tour Overview

Following breakfast, we will proceed to [The Vasa Museum], where we will have the opportunity to gain insight into the remarkable history of this century-old ship. Subsequently, you will have the opportunity to visit the Swedish Royal Palace. Should you be fortunate enough to do so, you may also observe the changing of the guard (changing time: 12:15 p.m., approximately 30 minutes). The afternoon will be spent visiting [Drottningholm], a Renaissance-style stone castle built by King John III of Sweden for Queen Catherine. The property is situated 15 kilometres from the city centre and is colloquially known as the 'Versailles of Sweden' due to its architectural similarities to the Palace of Versailles in France. Following the tour, we will proceed to the cruise terminal for the scheduled cruise to Helsinki.



Drop Off *For reference only, the actual arrangement is subject to the tour guide



D6

Stockholm

Estimated Arrival: 16:00

Drop Off: Stockholm Pier

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大教堂广场



码头市集区



西贝柳斯公园

[大教堂广场]

大教堂是赫尔辛基最著名的建筑，位于议会广场，是一座路德派教堂。赫尔辛基大教堂建于1852年，结构精美，气宇非凡，堪称芬兰建筑艺术上的精华。大教堂前的广场上竖立着建于1894年的沙皇亚历山大二世铜像，以纪念他给予芬兰广泛自治。

[码头市集区]

在这里可以找到芬兰特产的各种貂皮、驯鹿皮，鹿角制作的工艺品，色彩缤纷的新鲜果蔬和鲜花给这个外表冷静的城市带来了无限活力。广场上各种风味美食，更给了吃货们一个到此一游的理由！

[西贝柳斯公园]

西贝柳斯公园坐落在芬兰首都赫尔辛基市中心西北面，公园内绿荫成林，青翠欲滴。在这座令人难忘的公园内，有两座雕像，除了由600根钢管组成的类似管风琴抽象塑像外，还有一座大师的头像雕塑。这两座充满浪漫色彩的雕像都是芬兰著名女雕塑家艾拉·希尔图宁（Eila Hiltunen生于1922年）的作品。



Meal : Breakfast Included



Accommodation : Overnight on the cruise ship from Stockholm to Helsinki (the default cruise accommodation is four-person cabins, which may result in individuals of the opposite sex sharing a room.)



Day 7 Helsinki



Tour Overview

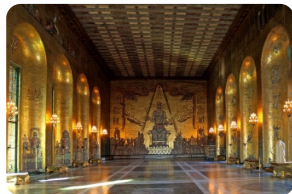
It is anticipated that the arrival at Helsinki Pier will be around 10:30 AM. Visitors can explore the open-air market located at South Pier, where large luxury cruise ships destined for Sweden, Russia, and other countries are docked. Along the shoreline stand Finland's Presidential Palace and City Hall. Behind City Hall lies the iconic Helsinki Cathedral. Following this, guests may visit the renowned [Underground Rock Church] and [Sibelius Park]. The Rock Church is one of Helsinki's most famous attractions, captivating visitors with its unique and innovative design. It is truly remarkable how an entire section of solid rock has been transformed into a place of worship. Sibelius Park pays tribute to Jean Sibelius, a celebrated Finnish composer who ranks among music greats such as Beethoven, Tchaikovsky, Strauss, Schumann, and others; he holds a prominent position in the global music landscape. Within the park stands a monument shaped like a stainless steel pipe organ alongside a bronze bust of Sibelius. This concludes the tour.



Drop Off *For reference only, the actual arrangement is subject to the tour guide

D7 Helsinki

the whole day



斯德哥尔摩市政厅---诺贝尔晚宴会场



斯德哥尔摩皇宫

[斯德哥尔摩市政厅---诺贝尔晚宴会场]

斯德哥尔摩市政厅建于1911年，位于瑞典首都市中心的梅拉伦湖畔，是斯德哥尔摩的形象和代表，市政厅中最著名的莫过于蓝厅，是每年12月10日举办瑞典盛宴--诺贝尔晚宴的地方。

[斯德哥尔摩皇宫]

是目前世界上仍在使用的最大的皇家宫殿。在宫内可以参观各种金银珠宝、精美的器皿，以及宫内精美的壁画和浮雕。另外，在皇宫门前的卫兵换岗仪式已成为著名的旅游景观之一



Meal : Breakfast Included



Accommodation : Not Included

Price Explanation

What's included

- (1)Accommodation: 3 star hotel, standard twin/double room
- (2)Vehicle: coach or car (Note: depending on the number of applicants
- (3)Driver and guide: foreign driver + Chinese tour guide or Chinese driver & tour guide (Note: if a car with 9 seats or less is sent, a Chinese driver will be arranged to provide tour guide services);
- (4)Meals: breakfast at the hotel
- (5)Luggage: 1 piece of luggage weighing 23 kg and 1 piece of carry-on luggage

What's Excluded

- (1)Entrance Tickets
- (2)Single roomSupplement
- (3)Tips to driver and guide
- (4)Lunch and Dinner
- (5)Personal travel insurance
- (6)Additional costs due to force majeure such as traffic delays, strikes, weather, aircraft, machine failure, flight cancellation or change time.
- (7)In-house laundry, hairdressing, telephone, fax, pay TV, drinks, alcohol and other personal consumption.
- (8)Other items not included in the above "What's included".

Good to Know

(1) Special price for children:

2 adults with a child under 6 years old sharing a double room, children can get 35% off on the bed. Children occupy the bed at the same price as adults. An adult has a child who is the same price as an adult.

(2) The tour guide does not provide explanation services for the scenic spots. Some scenic spots require payment for explanations by local certified official guides, which are subject to the on-site arrangements of the tour guide;

(3) If you are concerned that sharing a room with a roommate will interfere with your rest, it is advisable that you purchase a single room in advance.

The above prices are for reference only, and any price adjustments will be subject to the announcement at that time.

For self-funded items, please cooperate and obey the tour guide's itinerary, which is mainly based on the tour guide's itinerary.
